

NICU PAT Pain Score

Pain score, can be replaced with appropriate alternative validated pain score e.g. FACES, CRIES, NRS,FLACCS.

	Posture/Tone	2- Flexed and/or Tense		Respirations	2- Apnoes
PHYSICAL		1- Extended	V		1- Tachypnoea
	Sleep Pattern	2- Agitated or withdrawn	2	Heart Rate	2- Fluctuating
		0- Relaxed	9		1- Tachycardia
	Expression	2- Grimace	Q	Saturations	2- Desaturating
		1- Frown	10		0- Normal
	Cry	2- Yes		Blood Pressure	2-Hypotensive/ Hypertensive
		0- No	\		0- Normal
	Colour	2- Pale/Dusky/ Flushed	H	Nurse Perceptions	2- Yes Pain
		0- Pink			0- No Pain
	_			-	-



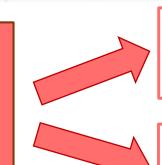
COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score

 COMFORT Original Score

 13
 14-17
 18-25
 >26

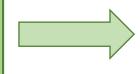


NICU PAT < 5 Issue is SEDATION

If the NICU PAT is less than 5 it indicates the high COMFORT O score is related to UNDER-SEDATION. Seek advice about increasing the sedation

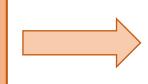
NICU PAT > 5-10 Issue is PAIN

If the NICU PAT is greater than 5-10 it indicates the high COMFORT O score is related to PAIN. Seek advice about increasing analgesia



NICU PAT < 5 Patient is comfortable

The patient is comfortable with adequate analgesia and/ or sedation



NICU PAT < 5 Consider Weaning Sedation

NICU PAT of less than 5 the patient is a little too sedate. Seek advice about considering a reduction in sedation and/or analgesia



Patient is **OVER SEDATED** Wean Sedation

COMFORT Original Score of 13 or less this indicates the patient is over-sedated and requires the sedation and/or analgesia to be actively reduced

NICU PAT

Pain Score

(0 - 20)

PHYSICAL	Posture/Tone	2- Flexed and/or Tense		Respirations	2- Apnoes
		1- Extended	AS		1- Tachypnoea
	Sleep Pattern	2- Agitated or withdrawn	1	Heart Rate	2- Fluctuating
		0- Relaxed	9		1- Tachycardia
	Expression	2- Grimace	OTO	Saturations	2- Desaturating
		1- Frown			0- Normal
	Cry	2- Yes	YSI	Blood Pressure	2-Hypotensive/ Hypertensive
		0- No			0- Normal
	Colour	2- Pale/Dusky/ Flushed	Н	Nurse Perceptions	2- Yes Pain
		0- Pink	4		0- No Pain



NICU PAT SCORE Interventions:

<5 = Nursing Comfort Measures

>5 = Paracetamol & nursing comfort measures

<10 = Paracetamol, opioid, nursing comfort measures, adjust dose of analgesia

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.