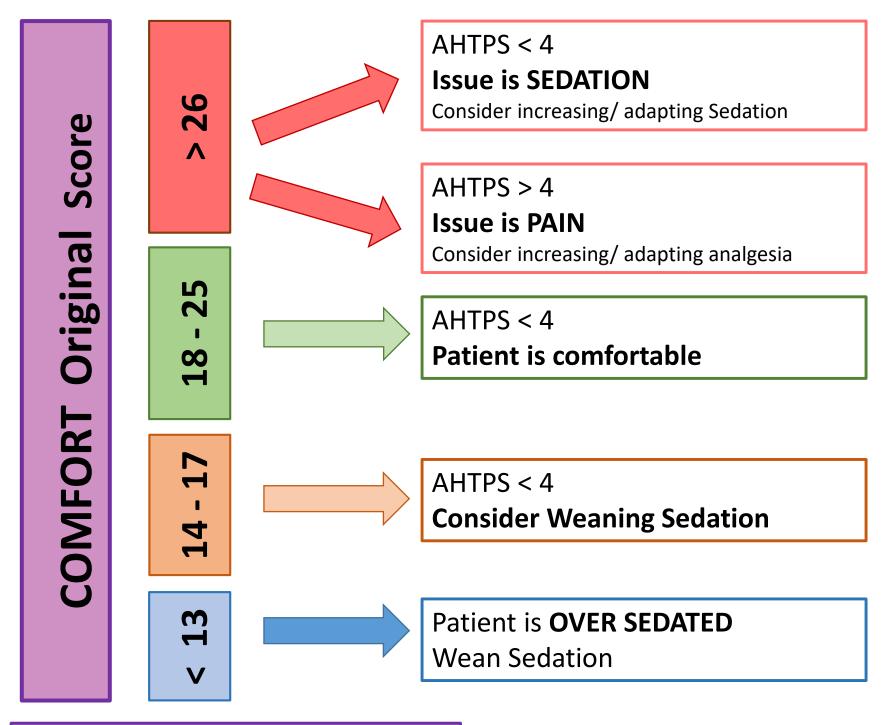
# COMFORT Original Score



### Alder Hey Triage Pain Score

AHTPS score can be replaced with appropriate alternative validated pain score e.g. FACES, CRIES, NRS, Patient Reported Score.

(Stewart et al. 1995)

RESPONSE	SCORE 0	SCORE 1	SCORE 2			
Cry / Voice	No complaint/ no cry	Consolable/ Not talking/ negative	Inconsolable/complaining of pain			
Facial Expression	Normal	Short grimace <50% of time	Long Grimace >50% of time			
Posture	Normal	Touching, rubbing, sparing	Defensive/Tense/rigid/arched			
Movement	Normal	Reduced or restless	Immobile or Thrashing			
Colour	Normal	Pale	Very Pale/ Green/Grey			
0 1	2 3 4	5 6 7	8 9 10			
NO PAIN 0-1	MILD PAIN 1-3	MODERATE PAIN 4-7	SEVERE PAIN 8-10			

## COMFORT Original Score Titration Guide

First assess the COMFORT Original Score then assess the pain score

#### AHTPS < 4

Issue is SEDATION

If the AHTPS is less than 4 it indicates the high COMFORT O score is related to UNDER-SEDATION. Seek advice about increasing the sedation

#### AHTPS > 4 Issue is PAIN

If the AHTPS is greater than 4 it indicates the high COMFORT O score is related to PAIN. Seek advice about increasing analgesia

#### AHTPS < 4 Patient is comfortable

The patient is comfortable with adequate analgesia and/ or sedation

#### AHTPS < 4

**COMFORT** Original Score

26

18-25

4

M

#### **Consider Weaning Sedation**

AHTPS of less than 4 the patient is a little too sedate. Seek advice about considering a reduction in sedation and/or analgesia

#### Patient is OVER SEDATED Wean Sedation

COMFORT Original Score of 13 or less this indicates the patient is over-sedated and requires the sedation and/or analgesia to be actively reduced

Alder Hey Triage Pain Score			(0 – 10)							
RESPONSE		SCORE 0			SCORE 1			SCORE 2		
Cry / Voice	No comp	No complaint/ no cry			Consolable/ Not talking/ negative			Inconsolable/complaining of pain		
Facial Expression	Normal	Normal			Short grimace <50% of time			Long Grimace >50% of time		
Posture	Normal	Normal			Touching, rubbing, sparing			Defensive/Tense/ rigid/ arched		
Movement	Normal	Normal			Reduced or restless			Immobile or Thrashing		
Colour	Normal	Normal			Pale			Very Pale/ Green/Grey		
<b>0 1</b>	<b>2</b> 	<b>3</b> 	<b>4</b>	5 	<b>6</b> 	<b>7</b>	8	9	<b>10</b>	
NO PAIN 0-1	MILD PAIN 1-3			MODERATE PAIN 4-7			SEVERE PAIN 8-10			

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.

AHTPS score can be replaced with any appropriate alternative validated pain score e.g. FLACCS, NRS, FACES, CRIES, Patient Reported Score.

If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated. Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods

pharmacological methods

Comfort O AHTPS Guide POSTER v1.0 FINAL 3<sup>RD</sup> Dec 2018