



“6 Nations” Relationship & Sexuality Education (RSE) in the context of National Sexual and Reproductive Health Strategies

RSE Resources

Scotland

[Key Messages for Young People on Healthy Relationships and Consent A resource for professionals working with young people](#), Scottish Government

[Health and Wellbeing: Experiences and Outcomes](#), Smarter Scotland

[Curriculum for Excellence](#), Education Scotland

[Recognising and Realising Children's Rights](#), Education Scotland

[National resource for Relationships, Sexual Health and Parenthood \(RSHP\)](#) education for children and young people

[Guidance: LGBT Inclusive Education](#), Education Scotland

Wales

[The School Health Research Network](#) surveys students and schools in Wales about RSE practice.

[Guidance: Relationships and Sexuality Education in Schools](#), Education Wales

[Health and Wellbeing](#), Draft Curriculum for Wales 2022

Northern Ireland

Information about the Jack Trial can be found [here](#).

Information about the If I Were a Dad programme can be found [here](#).

CCEA [RSE curriculum in NI](#), continuously updated with relevant resources and information

England

[Twelve principles of effective RSE](#) which reflect the latest international evidence. The downloadable poster is designed for schools or organisations contributing to RSE.

[A roadmap to statutory RSE in England](#). This poster-style document sets out 10 steps to providing high quality evidence based RSE as a part of Personal, Social and Health Education. Hyperlink buttons provide additional resources from the Sex Education Forum and PSHE Association that will support schools in preparing for statutory RSE.

[SRE – The Evidence](#). This briefing from the Sex Education Forum summarises evidence on the benefits of RSE.

[RSE – Resources for councillors](#). This briefing was published by the Sex Education Forum, the RSE Hub, Public Health England and the Local Government Association. It is designed to inform locally elected councillors/politicians about RSE with the correct evidence based facts about RSE and to help dispel common myths and misinformation.

[Abortion Care Factsheet](#). This factsheet was produced by the Royal College of Obstetricians and Gynaecologist and the Faculty of Sexual and Reproductive Health, the recognised medical authority on abortion, and is co-badged by Public Health England, the Sex Education Forum and PSHE Association. It is designed to help schools ensure students are given medically accurate and up to date information about abortion, one of the requirements of England’s new statutory RSE guidance.

Republic of Ireland

[RSE Resources](#) from the Professional Development Service for (Primary School) Teachers

[RSE Resources](#) from the Professional Development Service for (Post-Primary School) Teachers

[Variety of Resources](#) available for RSE published by Health Promotion Ireland

[Sexual Health Resources](#) published by the Health Service Executive Ireland

Uruguay

[Presentation made by the Uruguayan delegation, visiting the United Kingdom on the National Intersectoral Strategy for the Prevention of Pregnancy in Adolescence](#) [*Español*]

[Official site of the Uruguayan State](#) that brings together services, benefits, resources and information for adolescents in education, culture, health, sexual and reproductive rights, sport, substance use and more. (Recently opened and under construction). [*Español*]

[“Before and after a teenage pregnancy”](#), Spots of the campaign to prevent unintended pregnancy in adolescents with a focus on children under 15 [*Español*]

Information and contents of [My Teen Plan Campaign](#) [*Español*]

[Information regarding teenage pregnancy](#) from Uruguay Ministry of Public Health [*Español*]

[Kit of materials of the communication campaign My Teen Plan](#), contains institutional videos of adolescents and youth in educational centers, contains materials and methodologies for educational work on “life project” [*Español*]

[Guide for Comprehensive Health Care of Adolescents in the National Integrated Health System](#)

[Español]

[Teen Health Card](#), and [Information](#) from Uruguay Ministry of Public Health [Español]

[Guide to The Rights of Children and Adolescents in the Area of Health](#), Uruguay Ministry of Public Health [Español]

[Sex Education as a Promotion of Rights](#), video from National Administration of Public Education [Español]

[Prevention of unintended pregnancy in adolescents](#), Information from the Uruguay Government Website [Español]

Online catalogue of resources for the [National Program of Sexual Education](#), Uruguay [Español]

[Teaching Support for Sex Education](#), materials and resources for teachers [Español]

[Educating in Sexuality](#), video from OEI Uruguay [Español]

[“Walking the Road”](#), Sexual Education Resources for Primary Education Teachers [Español]

[Care Spaces for the Children of Students](#), a program to support adolescent parents in education with children

Social Media accounts for the Uruguay Ministry for Public Health:



Mi Plan Adolescente



@miplan_uy



@miplanadolescente_uy

Netherlands

Information on Rutgers International website in [Dutch](#) and [English](#).

[Tips and tools of RSE Teachers](#) in the Netherlands.

[RSE resources for young people](#), available in Dutch and English.

Information about the [Sex under the age of 25 Study](#) conducted by Rutgers and Soa Aids Nederland.

[Resources for discussion of sexual health and rights](#) in 16 languages.

Additional Websites

[The Sex Education Forum](#) – the national authority on RSE in England.

[The PSHE Association](#) – the national subject association for PSHE teachers.